



October 2021 Issue

CBDWA

CONSOLIDATED BAPTIST DISTRICT WOMEN'S AUXILIARY NEWSLETTER

"We are called for such a time as this to be LIGHT & SALT"



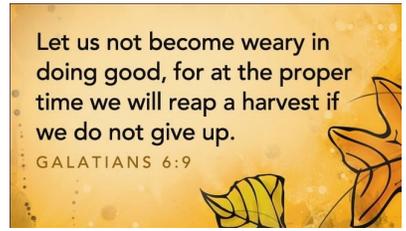
President's Address

Shake it out and light it up!

check out our FB page and to send us information about happenings in your churches and communities. My contact info is: Annaallenedwards@gmail.com.

As the year progresses, think on our theme to be salt and light and help us "shake it out and light it up!"

In His Service,
Anna



Greetings All,

It's the beginning of Fall or the Autumn season and with it comes shorter and cooler days, pumpkin spice and football. But it is also the season for atonement and the Festival of Booths and as Christians it is always the season for "harvest." This October take a moment to reflect on what God has delivered you from and how you can afford that same forgiveness toward someone else who is doing the same thing you once did. In so doing, you show Jesus to that person and if they are lost or backslidden you can gain or win a brother or sister.

awareness month – you know the drill, so please act on it. Remind the men in your life that they, too, should be aware of any changes in their breasts and see a physician if they have any concerns. This disease adversely affects African Americans often because it is found at more advanced stages, therefore be mindful of the significance of early detection.

Thank you to the sisters who have contacted us to help in enlarging the Auxiliary's territory. We appreciate your willingness to serve. Continue to

October is also Breast Cancer

PARIS STORYTELLING FESTIVAL

Get your seat ready and your ears tuned in for the fifth annual Paris Storytelling Festival October 8-10. There will be something for everyone including breakfast, crafts, music, church service and good old storytelling.

SET FOR OCTOBER

Sheila Arnold



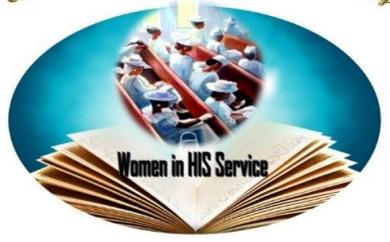
Last year was an abbreviated festival with storytellers coming one month at a time. This year you can catch all five of the same tellers on one weekend. Most of the weekend is free starting Friday, October 8, with a visit to each local school and Nicholas County. Friday night, Bill Lepp, Josh Goforth and Paul Strickland will tell adult stories at the Livery on the corner of Pleasant and Stoner Streets beginning at 7:00 p.m. Popcorn will be provided and the Livery hopes to provide libations. Cost is \$5.00. (cont. Page2)

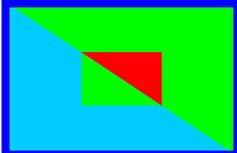
October 8 - 10

www.ParisStoryFest.com

CBDWA
Primary Business Address
P.O. Box 594
Lexington, KY 40588
www.cbdaky.org

Consolidated Baptist District Women's Auxiliary





PARIS STORYTELLING FESTIVAL

Saturday, you can catch Paul Strickland and Sheila Arnold at Lil's for storytelling and buffet breakfast from 9:00-10:00 a.m. Then, at 11:00 a.m., head on over to the Paris-Bourbon County Public Library where Motoko Dworkin will tell stories while she demonstrates her native art of Origami. While Motoko is teaching Origami, Josh Goforth will be holding a jam session at the Hopewell Museum. All activities are free to the public.

That afternoon at 2:00 p.m. all five tellers will be showcasing at

the Garden Club under a big tent with lots of space to spread out. Tent and chairs will be provided by Oasis. Beginning at 6:30 p.m. the showcase venue will be transformed into a dinner party with a \$35 catered dinner topped off with more storytelling by all five tellers. Reservations are required and can be made on the Paris Storytelling Festival website: www.ParisStoryFest.com

Sunday the tellers will travel to five church services: Cane Ridge Meeting House, St. Peter's Episcopal, First United

Baptist, First Baptist Carlisle and First Presbyterian. Sheila Arnold will also participate in Cane Ridge Day by telling a story from the perspective of a Black person during the revival held there in the 1800's.

Everyone is welcome to come free to Cane Ridge Day or any of the churches. Hope to see you at all or some of the events that weekend.



Fall is in the air, think... Kentucky State Parks

From majestic mountain views to wide expansive lakes, no matter where you want to watch the season transition from summer to fall, there is the perfect spot waiting to be discovered at Kentucky State Parks.



October



LITTLE BIBLE PLAN

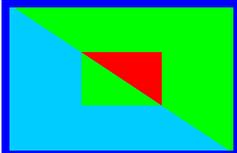


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|----------------------|----------------------------|
| 1 Psalm 44:1-16 | 17 2 Timothy 2:20-26 |
| 2 Psalm 44:17-26 | 18 2 Timothy 3:1-9 |
| 3 Psalm 45:1-9 | 19 2 Timothy 3:10-17 |
| 4 Psalm 45:10-17 | 20 2 Timothy 4:1-8 |
| 5 Psalm 46:1-11 | 21 2 Timothy 4:9-22 |
| 6 Psalm 47:1-9 | 22 Ephesians 6:1-9 |
| 7 Psalm 48:1-7 | 23 Ephesians 6:10-17 |
| 8 Psalm 48:8-14 | 24 Ephesians 6:18-24 |
| 9 Psalm 49:1-9 | 25 Daniel 5:1-12 |
| 10 Psalm 49:10-20 | 26 Daniel 5:13-21 |
| 11 Psalm 50:1-15 | 27 Daniel 5:22-31 |
| 12 Psalm 50:16-23 | 28 Mark 6:45-56 |
| 13 2 Timothy 1:1-10 | 29 Deuteronomy 18:9-14 |
| 14 2 Timothy 1:11-18 | 30 Acts 19:8-20 |
| 15 2 Timothy 2:1-10 | 31 1 Thessalonians 5:15-28 |
| 16 2 Timothy 2:11-19 | |



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Down for the Cause: Ben & Jerry's New Social Justice "Change Is Brewing" Flavor

ICE CREAM & ACTIVISM Saving the World...One Pint At A Time

Ben & Jerry's announced its latest social justice flavor, Change Is Brewing, which also happens to be a partnership with Black-owned coffee retailer Blk & Bold.

According to *Today*, this latest limited-batch release marks the company's support for the People's Response Act, proposed by Rep. Cori Bush over the summer. Introduced in late June, the People's Response Act calls for \$10 billion to be allocated toward a federal first responders unit for emergency situations where substance use or mental health crises might be at play, rather than calling in law enforcement, NPR reports.

"The flavor supports the vision of the world in which every community is safe and everyone, including Black and brown people, can thrive," the company's U.S. activism manager Jabari Paul said in a news conference. He



added that this latest release not only serves as Ben & Jerry's declaration of support for Rep. Bush's bill but also continues the brand's commitment to advancing racial justice.

The new flavor is the latest in Ben & Jerry's ongoing tradition of drawing attention to social causes. The Vermont-based company launched other campaigns such as "Pecan Resist," an opposition strategy target-

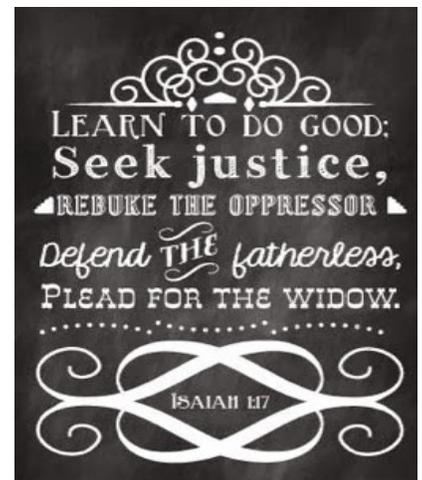
ing Donald Trump's re-election; Colin Kaepernick's "Change The Whirled," with proceeds benefiting Kap's Know Your Right's Camp. Since it launched three years ago, the company has donated 5% of its proceeds to support disadvantaged youth across the country.

By Tai Saint-Louis

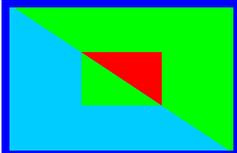
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TWO FEET
of
JUSTICE
or
LOVE in
ACTION



What does the LORD require of you? To act JUSTLY and to love MERCY and walk HUMBLY with GOD. Micah 6:8



Consolidated Baptist District Women's Auxiliary Newsletter

CBDWA

October 2021

Pray with us... Bless the Lord, O my soul, you are good and your mercy endures forever. Thank you for your forgiveness and your loving-kindness but most of all thank you for sending your Son that we may have eternal life with you. Guide our feet and direct our paths so that we will fulfill your will on earth. Help us to walk so that others may see YOU in us and ask what must they do to be saved. Bless those who are sick, comfort those who mourn and send your healing power to perform a miracle in our land. In the name of Jesus, we pray. Amen & Amen!

Health Note Spotlight - Coreise Johnson

Coreise Johnson is the Health Equity and Diversity Educator for the Lexington Fayette County Health Department. She provides community-based education and resources in community settings focusing on inequities that include: food access, resources and services, quality medical care, and transportation.



As the educator, she builds internal and external organizational capacity. She collaborates internally to connect LFCHD public health practices by engaging community partners, developing partnerships and coalitions, seeking grant funding, and identifying health inequities in Fayette County.

Coreise Johnson can be reached by email: CoreiseE.Johnson@lfchd.org or phone: 859 288-2399



**Thank you
Healthcare Workers**



Consolidated Baptist District Women's Auxiliary Officers 2021-2022		
President	Anna Allen Edwards	Shiloh Baptist Church
Vice President	Vomita Bennett	Second Baptist Church - May's Lick
Treasurer	Sherry Jackson	Bethsaida Baptist Church
Financial Secretary	Vida Brown	Shiloh Baptist Church
Recording Secretary	Linda Gates	Historic First Baptist - Camp Nelson
Corres. Secretary	Renee Burns	Corinthian Missionary Baptist Church
Historian	Ruby Mason	First Baptist Church - Nicholasville
Health Coordinator	Anissa Webb	Centerville Missionary Baptist Church
Executive Board Members		
Evelyn Moore		First African Baptist Church
Paula Hardin		Macedonia Baptist Church
Mary Washington		Centerville Missionary Baptist Church
Rosalynn King		First Baptist Church, Winchester
President's Council		
Valerie Taylor Marshall		Historic Pleasant Green Baptist Church
Tara Crumbie		Previously Zion Baptist Church
Hazel Compton		Jabez Baptist Church
Brenda Carter		Bethsaida Baptist Church
Pamela Thompson		Historic Pleasant Green Baptist Church
Elaine Farris		Bracktown Baptist Church
Roszalyn Akins		Bracktown Baptist Church
Valinda Livingston		Shiloh Baptist Church
Delma Peoples		Historic Pleasant Green Baptist Church
Ollie Ragland		First Baptist Church - Stanford

OCTOBER *Breast* CANCER AWARENESS MONTH

OTHER THAN SKIN CANCER, BREAST CANCER IS THE *most common cancer* AMONG AMERICAN WOMEN. MAMMOGRAMS ARE THE BEST WAY TO FIND BREAST CANCER EARLY.

SYMPTOMS

- Any change in the size or the shape of the breast.
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- Skin of the breast, areola, or nipple is scaly, red or swollen.

MYTHS

MYTH #1: Finding a lump in your breast means you have breast cancer

MYTH #2: Only women with a family history of breast cancer are at risk

MYTH #3: A mammogram or X-ray of the breast can cause breast cancer to spread

MYTH #4: Use of underarm antiperspirants and deodorants cause breast cancer

40,000 women & 430 men

DIE OF BREAST CANCER EACH YEAR IN THE UNITED STATES.

FAST FACTS

- Each year in the United States, more than 245,000 women get breast cancer. Men also get breast cancer, but it is not very common. Less than 1% of breast cancers occur in men.
- Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects younger women. About 10% of all new cases of breast cancer in the United States are found in women younger than 45 years of age.

Be Aware. Get Involved. Show Support.